



SATURDAY
AUG. 25, 9^{AM} - 1^{PM}
SANFORD CIVIC CENTER
401 E Seminole Blvd, Sanford, FL 32771
FREE EVENT



3RD ANNUAL FAMILY FITNESS FEST

Join Us for Central Florida's Largest Saturday Morning Workout

The Orlando Orthopaedic Center Foundation and Sports 4 the Kids are proud to host the third annual Family Fitness Festival.

Challenge Your Physical Limits

Learn Injury Prevention Techniques

Meet Local and Professional Athletes

Enter to Win Prizes



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OrlandoOrthoFoundation.org